

Health and Adult Social Services

Occupational Therapist (Level 1)

Integrated Health and Social Care team

Job Description and Person Specification
April 2016

Job Description

Job Title:	Occupational Therapist (Level 1)
Service Area:	Health and Adult Social Services
Function:	
Team:	Redbridge Cluster Team
Post number:	TBC
Grade:	LBR 7

Hours/weeks:	36 hours
Base location:	Flexible across health and social care buildings within Redbridge
Reports to: <i>Job title</i>	Integrated Team Manager
Responsible for: <i>Job titles of direct reports</i>	Will be responsible for the mentoring, support and guidance of unqualified staff, trainees and work placement employees
Role purpose and role dimensions: <i>Overview of the job</i> Good case management Good understanding of legislation and practice. Supports Team Development Manages risk and safeguarding	<p>To assist Redbridge Council and North East London Foundation Trust to fulfil their duties and responsibilities in relation to The Care Act 2014, Mental Capacity Act, Deprivation of Liberties, Safeguarding and all other appropriate legislation.</p> <p>Fundamental to fulfilling the responsibilities of this post is the ability to respond flexibly, positively and successfully to the ever-changing pressures which an integrated Health and Social Care service will face. This Job Description is a guide to the level and range of responsibilities the post holder will be expected to undertake initially. It is neither exhaustive nor inclusive and may be subject to changes in order to meet legislative requirements changing circumstances and business demands of the service.</p> <p>The primary purpose of this role is to:</p> <ul style="list-style-type: none"> • Undertake holistic person-centred assessments, support planning and reviews of people with a range of health conditions and their carers, working within an integrated team using a multi-disciplinary framework. • Good understanding of the legal social care framework and all relevant policies and procedures. • Undertake mental capacity assessments and develop an understanding of Best Interest Assessments. • Provide a person-centred service which enables people to optimise and maximise their abilities by utilising a strength-based model and whole family approach to all interventions. • Support people to maintain their independence, within their homes by utilising support in the local community and their own personal networks. • To support and work collaboratively with health colleagues to ensure people receive the required health and social care support within the community, are discharged from hospital within agreed timeframes with appropriate support mechanisms in place, prevent hospital admission and pro-actively work with the principles of admission avoidance. • Will undertake OT specialist assessment and provide the support planning element if social care needs are identified for people and their carers. • Use good knowledge and skills to develop and advise on rehabilitation plans, promoting choice and independence, as well as advising on the need for adaptations which will promote the independence of disabled people. • Support service users and their carers during assessment, support planning and review to identify and purchase aids, assisted technology and adaptations and to fit, adjust and demonstrate their use within the person's home where appropriate. • Develop and maintain high professional standards, within your role and the service and promote integrated working methods within the service.

<p>Deploys a wide range of practice models.</p> <p>Supports junior members of staff</p> <p>Maintains professional partnerships</p> <p>Responsibly Manages team resources</p>	<ul style="list-style-type: none"> • Contribute to maintaining quality standards, and ensure self and staff development is maintained. • Manage, plan, prioritise and progress cases of an appropriate level of complexity, seeking support and suggesting resolutions for workload difficulties with due regard to service standards, targets and timescales. • Maintain clear communication with service users concerning expectations and progress; engage with concerns and resolve conflicts. • Promote effective communication within the team and with colleagues internal and external of the organisation. • Provide a wide range of information and advice to people in order to promote independence in the community. • Assess and evaluate risk and produce skilled risk assessments in partnership with service users and carers, where required putting in place appropriate interventions, strategies and contingency plans to mitigate risk and to protect vulnerable adults. • Use good knowledge and skills to develop and advise on rehabilitation plans, promoting choice and independence. • Support the team to meet performance requirements and outcomes and ensure data is recorded in line with organisational requirements. • Demonstrate ability to use good analytical skills, using professional judgment to deliver holistic interventions using a wide range of evidenced-based practice. • Undertake the legal and statutory duties of the post, as required by the Care Act, Mental Capacity Act, Mental Health Act, Deprivation of Liberty and any other appropriate legislation. • Have a good awareness and understanding of how legislation impacts on practice. • Be responsible for managing safeguarding issues and ensure they are progressed in line with the Council's and Health's policies and procedures. • Write court reports for the Court of Protection, magistrate and County Court in line with statutory duties and attend court to provide professional evidence as required. • Mentor, support and provide guidance to unqualified staff, junior staff, trainees and work placement employees. • Promote and implement social care principles and practices within an integrated setting with health, providing professional guidance on the application of social care legislation relevant to your role.
<p>Key external contacts: <i>Organisations</i></p>	<p>Service users, Carers, voluntary sector providers, private sector providers, pharmacists, National Health Service, Carers organisations, independent advocacy organisations, professional regulatory bodies, own professional organisations</p>
<p>Key internal contacts: <i>Job titles or groups of staff</i></p>	<p>Health and social care colleagues and professionals, housing, police, specialist support services</p>
<p>Other considerations: <i>E.g. working patterns</i></p> <p>Adopts a flexible approach within the working environment</p> <p>Promotes an integrated ethos in the workplace</p>	<ul style="list-style-type: none"> • You may be required to work at any Council or Health site and adopt agile working. • Work will primarily be undertaken in community settings, health settings and in peoples home environment • Carry out new assessments within the team and take part in any service rotas as required. • You will need to work alongside both health and social care policies and procedures. • To demonstrate a flexible approach in the delivery of work within the service area. Consequently, you may be required to perform duties not specifically identified in the job profile but which are in line with the general responsibilities of the post. • Work within a flexible, agile manner, which may include weekend and evening working depending upon the needs and development of the service. • To be smart and presentable at all times in compliance with the current dress code. • Represent the team both locally and nationally as required.
<p>Key accountabilities and result areas:</p>	<p>Key elements:</p>

	<p>This will involve:</p> <ul style="list-style-type: none"> • Ensure Information and Advice, Assessments, support planning and reviews are undertaken
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<p>Promotes personalisation agendas</p> <p>Willing to undertake post qualifying training</p> <p>Excellent communication skills</p> <p>Promotes customer service</p>	<p>within the principles of the Care Act 2014.</p> <ul style="list-style-type: none"> • Provide appropriate early Interventions to prevent long term needs and to promote independence and choice. • Provide both simple and complex equipment and adaptations, reviewing their effectiveness and teaching safe use of equipment to comply with relevant legislation, policy and guidelines on safe working practice. • Ensure assessments facilitate choice and promote independence by applying the principles of "Personalisation". • Support people and carers to ensure assessments, support plans and reviews are outcome focused and asset based. • Make autonomous decisions using the legal framework, in assessing under the Care Act and Mental Capacity Act • Ensure people who lack capacity receive appropriate support and if required advocacy to express their views and wishes at any stage of the assessment, support planning or reviewing process. • Produce good written and verbal evidence based reports which are concise, informative and appropriate for organisational requirements. • Monitor progress of work, provision from other agencies and changes linked to each service user to ensure service users and carers needs have been met. • To seek advice and consult with senior staff in relation to, funding authorisations, specialist equipment and major adaptations. • Ensure service users and carers are fully aware and understand the Council's financial assessment and personal contribution process for charging. • Maintain high professional standards in accordance with the Occupational Therapy Code of Ethics and Professional Conduct and Professional standards for Occupational Therapy Practice and the Health Professional Council. • Raise and address issues of poor or unsafe practice through organisational channels. • Actively seek and act upon customer feedback positively by making changes to practice in order to improve service delivery for service users and the delivery of an integrated service. • Undertake assessments on behalf of the Housing Department, to assess the needs of people applying for rehousing on medical grounds and of the suitability of housing offered. • Take a clinical lead on facilitating major adaptations to people's homes through consultation with service users, housing department, environmental health services, builder and other professionals as appropriate. • Completion of void inspection assessments with a view to screening suitability for prospective housing applicants. • Ensure collaborative working with housing departments in making appropriate recommendations for adaptations to people's homes. • Keep up to date with current legislative, professional and good practice initiatives; accurately interpreting the application if relevant policies and procedures.
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General accountabilities and responsibilities

Green Statement	This will involve: <ul style="list-style-type: none"> Seeking opportunities for contributing to sustainable development of the borough, in accordance with the Council's commitment to making Redbridge a cleaner, greener place to live. In particular, demonstrating good environmental practice (such as energy efficiency, use of sustainable materials, sustainable transport, recycling and waste reduction) in your job.
Data Protection/Confidentiality	This will involve: <ul style="list-style-type: none"> Complying with the Data Protection Act 1998 – treating all information acquired through your employment, both formally and informally, in strict confidence and in accordance with Caldicott principles. Complying with the Code of Conduct, other practice guidelines and the rules and protocols defining employees' access to and use of NELFT and Council's databases and systems. Any breaches could result in disciplinary measures. Maintaining client records and archive systems in accordance with departmental procedure, policy and statutory requirements.
Conduct and Whistleblowing	This will involve: <ul style="list-style-type: none"> Complying with the requirements of the Code of Conduct and maintaining high standards of personal conduct, honesty and integrity. You have a duty to raise any impropriety or breach of procedure to the appropriate level of management. Employees making such disclosures (whistleblowing) are protected and may make them without fear of recrimination.
Safer Working	This will involve: <ul style="list-style-type: none"> Commitment to safeguarding and promoting the welfare of children, young people and vulnerable adults. Where you work in such a post the Council will require a DBS Disclosure check and references will be taken up prior to interview.
Equalities	This will involve: <ul style="list-style-type: none"> Complying with the Council's strong commitment to achieving equality of opportunity and outcomes in its services to the community and in the employment of people. You are expected to understand, comply with and promote Council policies in your work, to undertake any appropriate training and to challenge any prejudice and discrimination.
Customer Care	This will involve: <ul style="list-style-type: none"> Complying with corporate and service area customer service standards and promoting the development of high quality, individualised and customer-led services.
Health and Safety	This will involve: <ul style="list-style-type: none"> Being responsible for your own Health & Safety, as well as that of colleagues, service users and the public. Employees should co-operate with management, follow established systems of work, use protective equipment where necessary and report defectives and hazards to management.
To contribute as an effective and collaborative member of the team	This will involve: <ul style="list-style-type: none"> Taking responsibility for continuing self-development and participating in training and development activities. Participating in the ongoing development, implementation and monitoring of the service plans Supporting and contributing to value for money, service efficiencies and improvements.
Flexibility	This will involve: <ul style="list-style-type: none"> The above-mentioned duties are neither exclusive nor exhaustive. From time to time you may be required to undertake responsibilities outside the normal remit of your Job Description as required by the line manager, and are broadly within your the grading level and competence.

Person Specification

Job Title:	Occupational Therapist (Level 1)		
Method of candidate assessment: A = Application form I = Interview T = Test. Weighting: 3 = most important, 2 = least important		A - I - T	Weighting
Minimum education/ qualifications:	Professional occupational therapy qualification as recognised by the HCPC	A	3
	Current HCPC registration	A	3
	Evidence of CPD	A	2
Minimum experience/ knowledge/ skills:	Demonstrate a sound knowledge of the occupational therapist role in social care processes and responsibilities in line with the Care Act 2014.	A – I-T	3
	Evidence a clear understanding of the principles and benefits of integrated working for self, the service user and carers.	A – I-T	3
	Ability to work with vulnerable service users and carers to assess their needs and circumstances and support them to make informed decisions and choices.	A - I	3
	Ability to assess, support plan, review and evaluating health or social care practice and interventions with service users and carers.	A – I-T	3
	Demonstrate knowledge of relevant physical health and/or mental health conditions that impact upon service users and carers.	A – I-T	3
	Ability to assess and manage risk, balancing rights and responsibilities of service users and carers.	A – I-T	2
	Demonstrate professional judgement in understanding and applying the safeguarding standards that underpin all safeguarding activity.	A – I-T	3
	Ability to assess in relation to Mental Capacity Act.		
	Ability to write court reports and provide professional evidence.	A – I-T A	2
	Ability to prepare sketches read plans and provide detailed specifications for major works.	-I	3
		A – I-T	3
	Ability to assess, supply, review and demonstrate safe use of equipment, adaptations and telecare to support individuals’ independence.	A - I	3
	Current knowledge of health and social care legislation.		
	Ability to work in a multi- disciplinary, multi- agency setting.	A – I-T A	3
	Ability to reflect and learn from own behaviour and feedback, identifying impact of actions on others.	-I	3
		A – I-T	3
	Ability to manage and prioritise own workload and meet agreed deadlines and targets.	A – I-T	3
Personal and professional demeanour which generates credibility and confidence amongst staff, managers and stakeholders.	A - I	3	
To take responsibility for own decisions on routine work and recognise the need to contribute and support service and management decisions.	A – I-T	3	
Minimum competencies: Customer focus	Commitment to empowering service users and their carers to achieve maximum independence and achieving identified outcomes.	A - I	3
	To prevent, reduce and delay needs by providing information and advice, early intervention and Reablement.	A – I-T	3
	Understanding of how service user/carer feedback can impact and influence service delivery and improve performance.	A – I-T	3
	Ensure outcome focused, asset based approach is used in all areas of work with service users and carers.	A – I-T	3

Communicating and influencing	<ul style="list-style-type: none"> • Use effective communication skills, both verbal and written • Use recording and reporting procedures, including the use of information and communication technology, to produce records and reports • Use professional assertiveness to justify decisions and uphold professional occupational therapy practice, values and ethics 	A – I-T	3
		A-I-T	3
		A - I	3
Building relationships, working together and in partnership	<ul style="list-style-type: none"> • Ability to develop effective working practices within the team and with a range of service providers from both statutory, health and voluntary agencies. • Provides professional expertise at a range of meetings. • Shares knowledge and skills with colleagues as appropriate. 	A - I	3
		A - I	3
		A - I	3
Respecting & implementing diversity	<ul style="list-style-type: none"> • Knowledge of the issues surrounding service provision in a diverse environment and a determination to promote equality in policy and practice. 	A – I-T	3
Planning, organising & achieving results	<ul style="list-style-type: none"> • Ability to prioritise and plan to make best use of resources. • Willingness to undertake further learning and development opportunities as agreed with your supervisor and in line with the service model. 	A – I-T	3
		A - I	3
Embracing change	<ul style="list-style-type: none"> • Ability to critically reflect upon own practice and performance using supervision, performance reviews, appraisals and support systems. • Ability to develop effective working relationships with Health and Social Care colleagues to improve services for people. 	A – I-T	3
		A - I	3
Managing and developing people	<ul style="list-style-type: none"> • Mentor and support unqualified staff, students and people who are on work placements. 	A - I	2
Special conditions:	<ul style="list-style-type: none"> • Demonstrate a high level of knowledge of specialist equipment, adaptations and rehabilitative techniques and how they can meet the needs of service users and carers • To demonstrate an understanding of a commitment to Redbridge's Equal Opportunities Policy in both service delivery to the community in, relationships with colleagues and in employment practices. • You may be required to work outside normal office hours on occasions 	A – I-T	3
		A - I	3
		A - I	3
Signature of Employee:	Name:	Date:	