



School Counsellor/Psychotherapist (2 days/week)

JOB DESCRIPTION

Reporting to:

Clinical Lead

Job Purpose:

The counsellor/psychotherapist will help in delivering therapeutic services to students at Woodbridge High School, a large dynamic and multicultural co-educational school for 11-18 year olds.

The post holder will work with individuals and groups, they will also conduct assessments and may see students who have self-referred. The wellbeing department as a whole have substantial impact on whole school emotional wellbeing, the successful applicant will make key contributions to this aim.

Key Responsibilities:

- To offer students individual counselling/psychotherapy following relevant ethical guidelines and responsibilities (e.g. BACP, UKCP) as well as working within school policies and practices.
- Record-keeping in accordance with service protocols and GDPR.
- To liaise with school staff where necessary.
- To work collaboratively within the Wellbeing Department, regularly liaising on cases.
- To observe safeguarding procedures in adherence with Woodbridge High School policies and practices.
- To be mindful of the needs of the whole school, tailoring the service offered to the context it resides in.
- To work with a diverse range of issues including bereavement and loss, transition, self-harm, suicidal ideation, depression and anxiety, early developmental trauma, attachment disorders, abuse of any kind.
- To assess new referrals, identifying the appropriate support package for a variety of different case presentations.
- To work diversely and creatively with the adolescent client group.

PERSON SPECIFICATION

Education/Qualifications

- Qualification/certificate in counselling or psychotherapy
- Further therapeutic training, experience or qualification in working with children and young people

Knowledge

- An awareness of range of needs of people from diverse ethnic, cultural and social backgrounds.
- Child Protection/safeguarding knowledge and awareness.
- An understanding of the inner-workings of a school system and how this might influence the therapeutic services offered within it.

Experience

- Experience providing 1:1 therapeutic support for a variety of presenting issues (essential)
- Experience of working in a school (preferred but not essential)
- An interest or experience offering therapy through the arts including Play, Art and Drama (preferred but not essential)
- Experience of working with families (preferred but not essential)
- Experience of facilitating groups (preferred but not essential)
- Experience providing training around therapeutic themes (preferred but not essential)

Skills and Abilities

- Good written and verbal communication and organisational skills
- Ability to work independently, manage own caseload and use initiative
- Ability to work under pressure
- The emotional resilience to encounter high risk cases
- Flexibility to work systemically within an established organisation
- Self-awareness as a practitioner