

Course Guide

CYP-MH Training:

Postgraduate Diploma Senior (CWP/EMHP) Wellbeing Practice (SWP)



Overview

SWP stands for Senior (CWP or EMHP) Wellbeing Practitioner and is a new role within the low-intensity workforce, developed by the London and South East CYP MH learning collaborative within children and young people's mental health services. The SWP role has been introduced to:

- Provide career progression for CWPs and EMHPs
- Increase supervision capacity within services
- Extend CWP and EMHP low intensity clinical skillset in response to feedback on the needs of children, young people, and families in educational and community settings

This training is an opportunity to extend your low-intensity skills to work with more disorder specific evidence based models (e.g. OCD), to adapt your practice for neurodevelopmental disorders and to develop your supervision skills.

The two year course will comprise 4 modules taught over 1-2 days a week.

- Module 1 Generic Supervision Skills
- Module 2 Supervision for Low-Intensity interventions
- Module 3 Enhanced Practice in Early Intervention
- Module 4 Working with neurodiversity (ASD/ADHD/LD)

What does training involve?

The Senior Wellbeing Practitioner Postgraduate Diploma is a part-time two-year course. You will attend training as part of your role in the service in which you are employed.

During the first term, SWPs will attend 2 days of University training (Mondays and Fridays) and will spend the remaining three days working within their service. From the second term, training days reduce to once a week (Friday).

University teaching will take place at the [Institute of Psychiatry, Psychology and Neuroscience](#), part of King's College London.

In university holidays, students will be expected to be in their service full time.

Course Structure

Training will be delivered as part of lectures, seminars and skills sessions and practice tutor groups where you show video material of your clinical and supervisory practice; allowing SWPs to put the skills they have learnt into practice using role plays and group discussions. Teaching will be a combination of face-to-face and online learning. This programme strongly emphasises putting the skills learnt above into practice and consolidating learning within a mental health context. SWPs will be required to develop a portfolio of practice and of supervision.

Assessment

Assessment will include a range of assignments over the two years, including reflective analysis of session recordings, clinical case reports, reflective analysis of a supervision session recording, an essay on supervision skills, supervision and clinical practice portfolios and a service project.

Entry Requirements

Qualification: Normally a minimum of a second-class Bachelor's degree from a UK university or an overseas qualification of an equivalent standard in a relevant academic subject (e.g. Psychology, Education, Childhood development, Social Work etc), OR any subject with further training or experience in a relevant field (e.g. Teaching/TA; Learning Support; HCA; Youth Work; Counselling etc)*

Experience: Candidates will need to be qualified EMHPs (Graduate/Postgraduate Diploma) or CWPs (Graduate/Postgraduate Certificate or Diploma) with ideally, two years of post-qualification experience, however candidates with less experience are encouraged to apply if they have enough relevant experience

Candidates must have been successful in applying for a locally created Senior Wellbeing Practitioner role.

English Language Requirements: Capability to complete academic work at postgraduate diploma level, including IELTS or equivalent to the appropriate level for students with English as a foreign language (BAND D) <https://www.kcl.ac.uk/study/postgraduate/apply/entry-requirements/english-language.aspx>

Motivation to undertake and complete the course

**Applicants who do not fulfil the academic criteria may still be considered on a case-by-case basis. Please contact us with queries.*

KCL Application Deadline – 4pm Friday 9th December
Teaching will begin on Monday 16th January 2023

Next Steps

If you are interested in this training, please speak to your service manager about applying and email cyp-mh@kcl.ac.uk for further information.

Application Process

- To apply online go to <https://apply.kcl.ac.uk>
- The selection process will involve a Microsoft Teams/telephone interview
- Please do contact cyp-mh@kcl.ac.uk for any queries



Contact Details

CYP MH Office Department of Psychology
3.07 Henry Wellcome Building
De Crespigny Park
Denmark Hill London SE5 8AF

Tel: +44 (0)20 7848 5096
Email: cyp-mh@kcl.ac.uk